



PathLessPedaled
RODETRIP:
CENTRAL COAST WEEKENDER

3 Day Self-Guided Mini Tour

GPS, POIs and Cue Sheets

Road Conditions

Food and Lodging Recommendations

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Route Overview

San Luis Obispo Day Ride

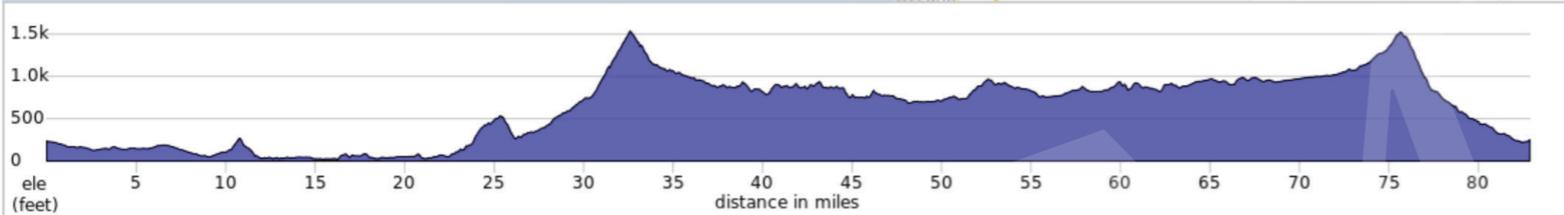
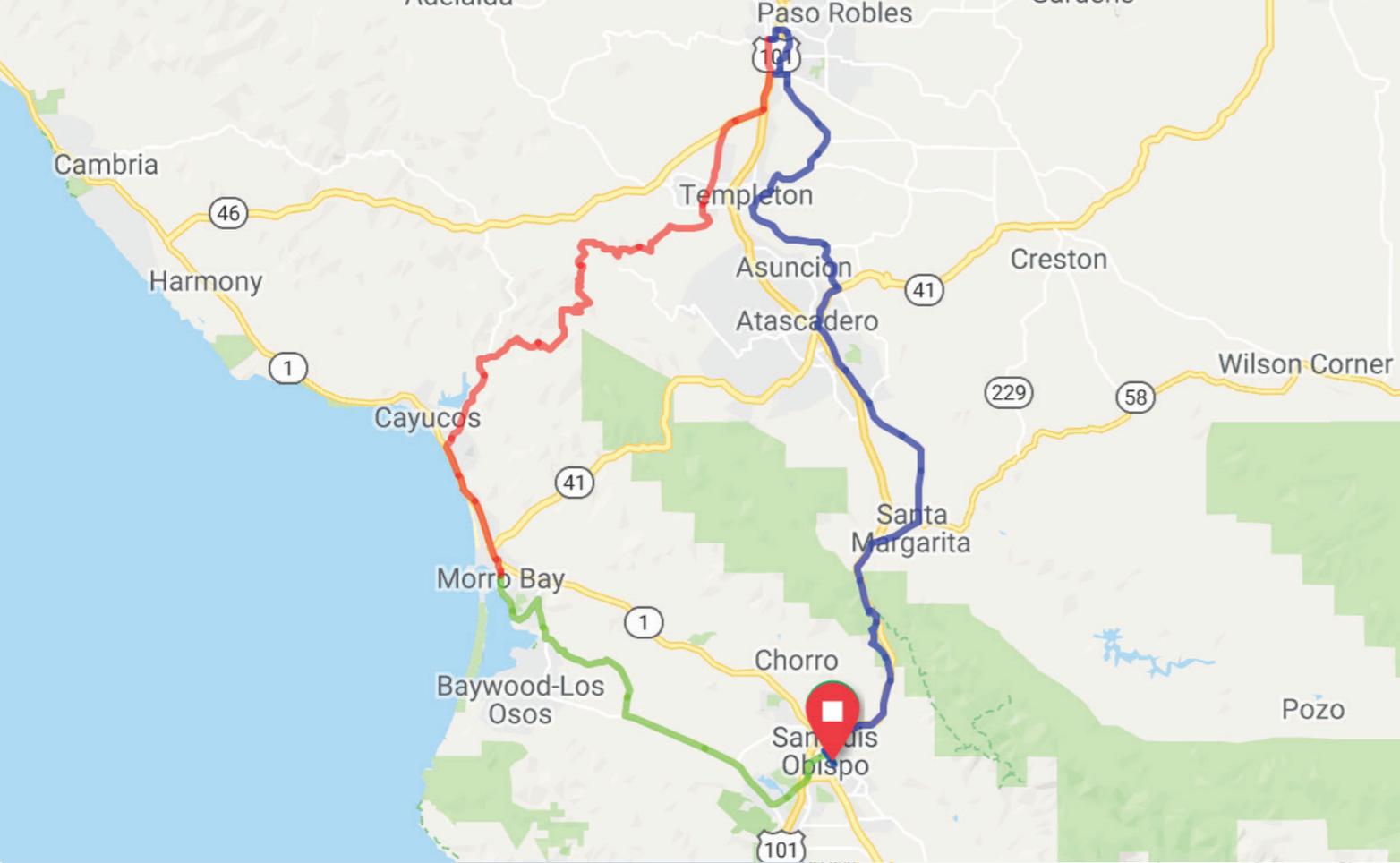
Day 1. SLO to Morro Bay

Day 2. Morro Bay to Paso Robles

Day 3. Paso Robles to SLO

Paso Robles Ride

Printable Cue Sheets



Weekender By the Numbers

3 days

83 Miles

4700ft of climbing

3 Awesome Destinations: SLO, Morro Bay,

Paso Robles

2 Taquerias

2 Craft Coffee Shops

100% Supple

Central Coast Weekender

If you've never ridden your bike in the Central California Coast, you are in for a treat!

The Central Coast Weekender is a *greatest hits* of some of our favorite roads and destinations in Central California. We first started riding in this area over a decade ago and have been coming back as often as possible to enjoy the area.

With the relatively mild winters, you can ride all year round. February to May is our favorite time since the hills become an unreal green and temperatures are fairly moderate.

This route is a great option for a beginner-intermediate bike tour, with varying difficulty depending on the amount of mileage you cover in a day. It can be ridden as an epic one day ride or as a more leisurely 3-5 day ride with built-in excursions.

We hope you enjoy this area as much as we do and keep the supple side down!

A SLO START

San Luis Obispo is a small college town (pop 47k) in the Central California Coast that is halfway between San Francisco and Los Angeles. It can be easily reached via Amtrak with a bicycle (both the Coast Starlight and Surfliner line) making it the perfect launching pad or base-camp for bicycling explorations in the Central Coast. It typically has mild winters making it an ideal year round cycling destination or a great Winter - Spring escape for those living in colder climates.

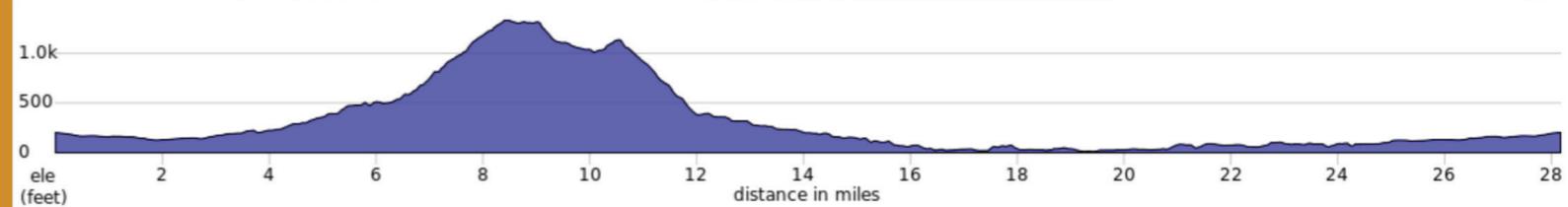
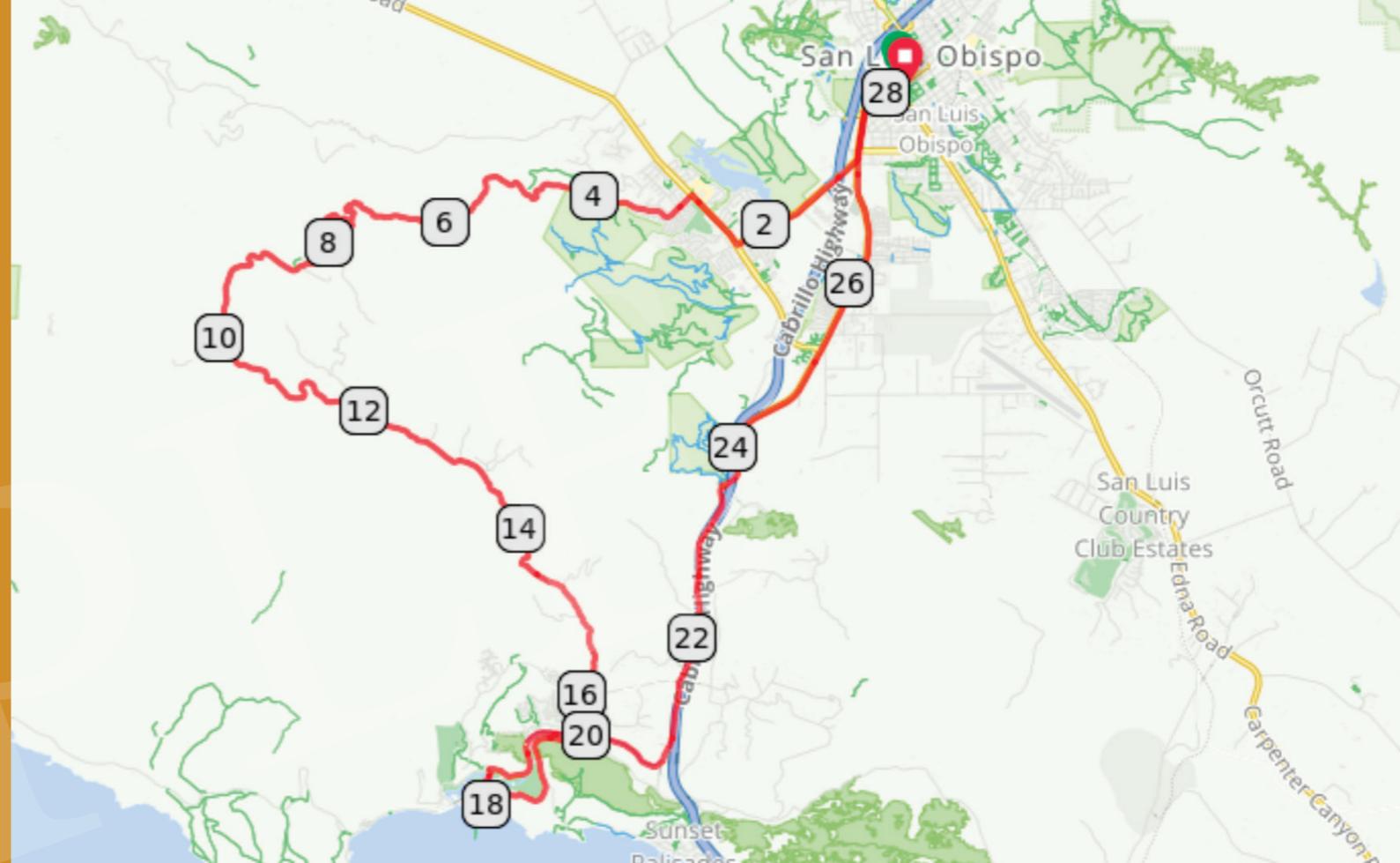
SLO also has all the amenities you would need from a variety of lodging options, food, craft coffee, breweries, wineries and several bike shops. The only danger of starting in SLO is that you might actually not want to leave :)

Amtrak Pro Tips:

If you are taking Amtrak from San Diego or Los Angeles, you have the option of using the Pacific Surfliner with roll-on bike service. You do have to make a free reservation for your bike (online only) ahead of time.

Coming from the North on the Coast Starlight (Portland, Seattle or San Francisco, etc.), you will have to box your bike. Be sure to contact the stations ahead of time to make sure they have bike boxes!

The train is often late, so plan to start riding the day after your arrival date to adjust for any mishaps.



MUST RIDE: Prefumo Canyon Loop 28 miles, 1900ft

This ride is an area classic that has a little bit of everything. After working your way out of town, a quick turn on to Prefumo Canyon leads you to a long quiet sustained climb on a windy oak covered road with very little traffic. As you reach treeline, you are greeted with an unreal view of the Pacific Ocean and Morro Rock. After a fast descent (watch out for free roaming cattle!) and a quick excursion on a dirt road you arrive at quaint tourist town of Avila Beach. After a snack, it is a relatively flat ride back into town via the Bob Jones trail and small roads.